



Pump action

With Dr Catherine Stone, as seen on TV One's *10 Years Younger*

Temporary treatments for Jolie luscious lips

Q Are there varying degrees of lip plumpers? I'd like to try it, but want the type that isn't permanent just in case I don't like the look.

A Yes, there are several types of dermal fillers that can be used.

Hyaluronan-based fillers such as Restylane, Juvederm and Esthelis give a soft, natural look to the lips.

Expect your first treatment with a hyaluronan-based filler in your lips to last around 4-6 months. Research shows that the results often start lasting longer with repeated treatments.

If you wish to try a lip

plumper which might only last a couple of months, you could consider using Esthelis Soft, which breaks down more quickly. You will generally pay the same price for Esthelis Soft as you would for one of the longer lasting products, as the same amount of work is involved in creating your lips.

If you need volume to bring your lips into balance with your face, and you want the results to last even longer than six months, your doctor could consider one of the "thicker" hyaluronan products such as Restylane LIPP, Perlane, Juvederm Ultra Plus or Fortelis – these may last up to a year with your first few treatments.

Permanent dermal fillers

for lips are available, however I choose not to use them as they have a higher risk of problems.

Lip plumping

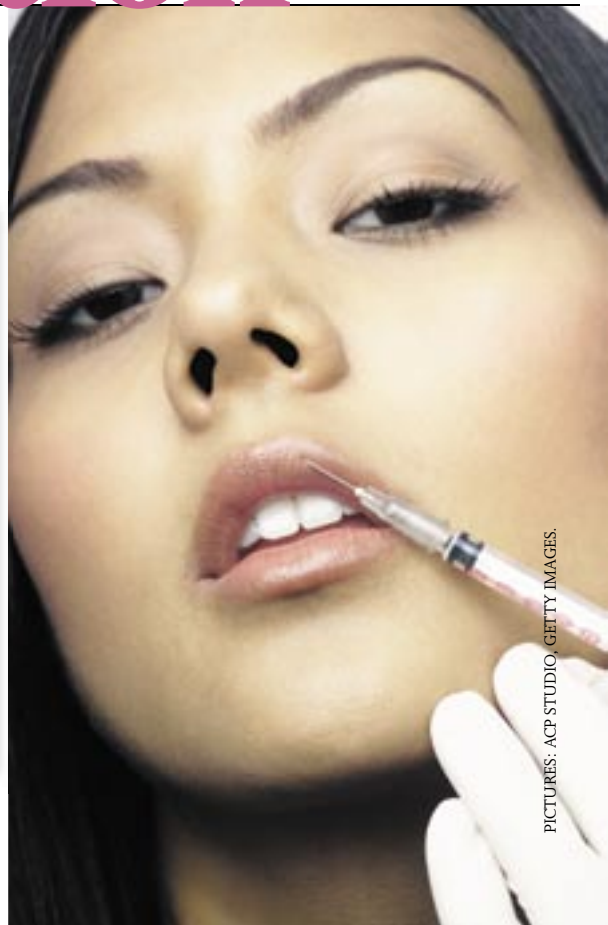
HOW MUCH: Restylane/ Juvederm/Esthelis = \$500-\$700 per syringe.

Restylane LIPP = \$800 per syringe.

Perlane/Juvederm Ultra Plus/Fortelis = \$900 per syringe.

RECOVERY: 1-2 days, there may be some bruising. Ask about Omnilux treatments to reduce swelling.

TREATMENT TAKES: 20-60 minutes. I recommend numbing injections for your comfort – you will be numb for 1-2 hours.



QUESTIONS FOR CATHERINE? WRITE TO wdaynz@acpmagazines.co.nz OR
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