



Real beauty

# Mother & Daughter

Three mums and daughters reveal their secret to looking good and the products they love best.

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ANNA HARVEY (68) RUNS FASHION BOUTIQUE MILOU IN PONSONBY, AUCKLAND. DAUGHTER CLARE VAN DEN BERG (36) IS THE CO-OWNER OF ODETTE'S EATERY & HUGO'S BISTRO, BOTH IN THE CITY'S CBD.

**ANNA:** My skincare routine consists of cleanse, tone and nourish, which I've done since I was 15. I cleanse with Pears soap and water, morning and night. I'll wear a bit of Bio Oil and always apply an eye cream – Clarins is my current favourite. Then I apply Clinique BB Cream. At night, I use Nivea Q10 Night Cream and Clarins Eye Cream. I've always been happy with my skin, but six years ago I started noticing some lines; I think this came with the shock of losing my husband.

From 15, I've always taken a multivitamin and mineral capsule daily. As for beauty regrets, I wish I hadn't plucked my eyebrows out years ago! So now I resort to pencilling them in.

Too much make-up ages me. A tinted blusher, moisturiser, mascara and a coral and pink lipstick always does the trick. One of my favourites is Stila Stay All Day Liquid Lipstick Fiore 07.

**CLARE:** I drink as much water as I can – two litres or more a day – and find my skin just glows. My current regime consists of Bioderma Cleanser and lots of moisturiser and oils. After my shower I use Lucy Marr's gorgeous Sans Activator 7 Body + Hair + Face Oil, followed with Kiehl's Ultra Facial Moisturiser. At night, I use La Mer Miracle Broth, La Mer Moisturising Soft Cream and Kiehl's Eye Cream or Argan Oil. I always wear lots of moisturiser and I apply Clarins Baume Beauté Éclair under my tinted BB Cream (Curtis Collection is the best).

I love a good facial; Amelia at Room 9 is amazing and it's always such a treat. Manicured brows are important to me and I regularly go to Spring Spa. I also eat whole foods – I guess I'm very lucky with where I can go to eat!

I think my look is very natural, maybe too natural. I love a great mascara – Chanel is the best (I put Mum onto it) – and a good lip: I like NARS or Chantecaille. MAC bronzers are best and NARS 'Orgasm' has many uses. Less is more for me. Whenever I travel I use plenty of Rose Mist from Kora to keep my skin hydrated.



“Mum likes to say, ‘Pretty is as pretty does.’ I think it means you are as pretty as your actions. Good actions make a beautiful person; beauty on the inside shines through to the outside.”



SARAH GEORGE (45), MOTHER OF THREE AND OWNER OF HOME AND GIFTWARE STORE HEDGEROW IN REMUERA. RUBY GEORGE (18), LAW AND COMMERCE STUDENT AT VICTORIA UNIVERSITY, AND PART-TIME WORKER AT SUPERETTE.

**SARAH:** In the morning I use Estée Lauder Perfectly Clean Cleanser and Advanced Time Zone Day Cream. In the evening I use the Drunk Elephant TLC Night Serum and Estée Lauder Resilience Lift Night Cream and Girl Undiscovered Face Oil. I’m not unhappy with my skin – I guess if I could change anything it would be to reverse time!

I love to have occasional facials at About Face. I also regularly go to Cherry Navas (Cherry Nails) in Remuera for my brows and nails – she is the best. Sid at Servilles in Newmarket does my hair.

My biggest advice I give to Ruby is to always take her make-up off before bed – no exceptions. And to always wear a hat in the sun.

I don’t wear a lot of make-up – on an average day I wear BB cream, mascara, eyeliner and lipstick. For a special night out I can’t go past a good smokey eye. For a really special event I would have my make-up done at the MAC counter. I’m all about being well groomed; I believe that first impressions count.

**RUBY:** In the morning I use Girl Undiscovered Cleansing Water followed by Clarins Toner and Mario Badescu Vitamin C Moisturiser. I love the Clarins Beauty Flash Balm. In the evening I use Clarins Cleansing Milk. I have occasional break-outs on my forehead and around my nose which is why I’m using Mario Badescu – it’s really good for acne-prone skin.

I go to Cherry for lash tints, brow shapes and nails. Mum and I love to see Ashley at Golden Glow tan salon before special events and holidays. Every six months or so I go to Stephen Marr to have a Cezanne hair-smoothing treatment; it’s expensive but amazing and worth every cent! For people with curly hair I couldn’t recommend it more.

I don’t wear a lot of make-up on a day-to-day basis, although it depends how I am feeling about my skin. BB cream and mascara would be the most I would wear for a normal day.

Mum likes to say, “Pretty is as pretty does.” I think it means you are as pretty as your actions. Good actions make a beautiful person; beauty on the inside shines through to the outside.



MANDY ROPATI (54), MOTHER AND GRANDMOTHER. ALEXANDRA (30), SENIOR COMMUNICATIONS ADVISOR AND MOTHER.

**MANDY:** I cleanse my face day and night with Kiehl's Ultra Facial Cleanser, then I moisturise with Kiehl's Super Multi-Corrective Cream. It's perfect for day and night because it isn't too heavy. Every night I apply Kiehl's Midnight Recovery Eye Concentrate under my eyes; it leaves me feeling fresh-faced.

In terms of regrets, I don't have too many except for perming my hair (oops!) and not knowing about the importance of sunblock in my twenties. Looking back I probably wouldn't wear blue eyeshadow and dark maroon lipstick again!

My advice to my girls is to always remove make-up at the end of the day, cleanse and moisturise. I don't wear a lot of make-up; I feel happy with just a little CC cream to even out my skin tone. When I do, I use Estée Lauder Revitalizing Supreme CC Creme and Kiehl's Actively Correcting and Beautifying BB Cream. I always curl my eyelashes and apply mascara and I never leave the house without a nude lipstick or gloss.

The best advice I ever received was to never over-pluck or shave your eyebrows. My style icon would be Diane Keaton – her style is classic.

**ALEXANDRA:** I use a lot of Aspect Dr products, cleansing day and night with their Deep Clean Facial Cleanser. Then I apply Active C Serum, Multi-B Plus Serum and Resveratrol Moisturising Creme. At night I double-cleanse and apply Cosmedix Refine Vitamin A Treatment every second or third night. And I never forget sunscreen every morning!

I have a peel with Irina at The Face Place every other month. Sometimes we do a little Omnilux light therapy, too. In the past I've had a little Botox on my frown lines which I'll probably start again when I finish breastfeeding.

Mum has always had a really simple approach to beauty. She always used to tell us how terrible it was to fall asleep with make-up on – as a teenager I didn't always take her advice but I definitely do now!

I've gradually worn less make-up as I've gotten older – especially now we have a newborn. My go-to make-up look is Bare Minerals Complexion Rescue Gel all over and YSL Touche Eclat under my eyes with a defined brow and mascara. I admire Lara Worthington's style – simple, contemporary and never over-done. ■

