



# ANTI-AGEING REPORT

*Elise Wilson hunts out exciting new products and processes designed to help you turn back the years.*

## CONTOURING QUEEN

As all make-up lovers know, one of the biggest beauty obstacles is under-eye dark circles and wrinkles. Now, Sisley has waved its magic wand with a product that pledges to work double duty on your face, helping tone and enhance the eye and lip area. Sisley Sisleya L'Intégral Anti-Age Eye and Lip Contour Cream 15ml, \$260, boasts ingredients such as atlas cedar extract, pomegranate and passionfruit to reduce dark circles and combat fine lines. In addition to the luxe cream, the product comes with a massage tool designed to cool and prepare the eyes and lips before the contour cream. Every little bit helps, right?

[smithandcaugheys.co.nz](http://smithandcaugheys.co.nz)



## PINK POWER

The word acid sounds scary, but when it comes to ingredients like hyaluronic and amino acids for our skin, they're not scary at all. Kate Somerville's new Wrinkle Warrior 2-in-1 Plumping Moisturiser + Serum, \$150, and Visible Dark Circle Eraser, \$95, are both packed with these skincare superstars, among others such as antioxidants and marine extracts to plump up sallow skin and restore firmness and hydration.

[meccabeauty.co.nz](http://meccabeauty.co.nz)



## NUFACE TRINITY

Kind of like a workout for your face, this nifty gadget uses soft micro currents to 'lift' and strengthen your facial muscles. After applying the barrier gel (to guard against shocks!), we saw bona fide results in just 20 minutes. We can see why Miranda Kerr reached for this high-tech number in the lead-up to her recent wedding. Facial Toner, \$518

[meccacosmetica.co.nz](http://meccacosmetica.co.nz)





## DON'T STRESS OVER STRESSED SKIN

Tension can be a real complexion killer. With stress a huge culprit in cases of skin dullness and ageing, it was only a matter of time before skincare companies took up arms and joined the battle. Skin Physic Oxygen-C Super Serum, \$70, is a lightweight, silky formula that contains an oxygen infusion, lime caviar extract and wild indigo extract which counters cortisol-related signs of skin stress to encourage the skin to produce its own calming peptides.

Available at [Farmers](http://Farmers) and [thebeautycollective.co.nz](http://thebeautycollective.co.nz)

## SERUM OF YOUTH

Vitamin A is an anti-ageing miracle worker and an essential step in any skincare routine. Integral for cell production and growth, vitamin A also stimulates fibroblasts – the cells responsible for helping tissue to stay firm and healthy – in the deep layers of your skin. Environ has made it easy with two new power players, Youth EssentiA Intensive Serum 4 Plus, \$319, and Youth EssentiA Defence Crème Plus, \$242, containing the optimum concentrations of vitamins A, C and E for younger-looking, future-proofed skin. [environskincare.com](http://environskincare.com)



## A BREAST ABOVE THE REST

*Remember the vampire facial, made famous by Kim Kardashian and her blood-drenched selfie, where blood is drawn from your arm by a doctor, spun through a centrifuge to separate the platelet-rich plasma, and then inserted back into your face? Well, the same technique is now being used to plump up your cleavage. It has been dubbed the vampire breastlift. Clinics such as The Face Place in Auckland are now offering this service to enhance the cleavage area. "Treating the cleavage area specifically rounds the 'upper pole' [the part of the breast visible in bras and bikinis] and can help gently 'lift' the breast in a 20-30 minute procedure, without any surgery," says Dr Catherine Stone of The Face Place. It's definitely not a replacement for breast implants themselves, but it is often used to soften the ripples and hollows in the cleavage area on those who already have implants. Other techniques can be used to improve nipple sensation and in some cases 'pop out' inverted nipples.*

[thefaceplace.co.nz](http://thefaceplace.co.nz)



## BYE BYE, DIMPLES

Although they can't work miracles, cellulite creams and lotions help, and if dimples plague you and your thighs, maybe it's time to invest in one. A formula such as Clarins Body Fit Moisturiser, \$110, has quince leaf which helps to reduce fat storage for a corrective anti-cellulite action. Skin is moisturised and smoothed and left with a velvety feel. [farmers.co.nz](http://farmers.co.nz)



## PERK UP YOUR PEEPERS

Farewell fine lines and under-eye dark circles with Katherine Daniels' new Instant Effect Eye Masks (four-pack), \$100. Activated right before use, these salon-strength masks are rich in concentrated sea kelp and mineral complex and saturated with hydration-boosting hyaluronic acid. With visible results after one application, these are ideal before make-up application on special occasions. [houseofcamille.co.nz](http://houseofcamille.co.nz)